

LIVING IN THE GOODNESS OF GOD

Part 4: How God's Goodness Restores Us

"The LORD is my shepherd, I shall not want.

² He makes me lie down in green pastures; He leads me beside quiet waters.

³ He restores my soul"

Psalm 23:1-3 (NASB)

I. WHAT DAMAGES OUR SOULS?

1. Holding on to my _____

"To worry yourself to death with resentment would be a foolish, senseless thing to do."

Job 5:2 (GNT)

"²³ Pretty words may hide a wicked heart, just as a pretty glaze covers a common clay pot. ²⁴⁻²⁶ A man with hate in his heart may sound pleasant enough, but don't believe him; for he is cursing you in his heart. Though he pretends to be so kind, his hatred will finally come to light for all to see." Proverbs 26:23-26 (TLB)

2. Concealing my _____

"My guilt has overwhelmed me like a burden too heavy to bear.

⁵ My wounds fester and are loathsome because of my sinful folly.

⁶ I am bowed down and brought very low; all day long I go about mourning."

Psalm 38:4-6 (NIV)

The LORD gave us mind and conscience; we cannot hide from ourselves.

Proverbs 20:27 (GNT)

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3. Ignoring my _____

*"Sorrow is better than laughter,
For when a face is sad a heart may be happy.
The mind of the wise is in the house of mourning,
While the mind of fools is in the house of pleasure.."*

Ecclesiastes 7:3-4 (NASB)

II. HOW JESUS RESTORES MY SOUL AND HOW SHOULD I RESPOND?

1. A. _____

"Praise the LORD, who is my rock...² He is my loving ally and my fortress, my tower of safety, my rescuer. He is my shield, and I take refuge in him. He makes the nations submit to me.

Psalm 144:1-2 (NLT)

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose.."

Romans 8:28 (NIV)

(_____)

B. _____

"Get rid of all bitterness... forgiving each other, just as in Christ God forgave you."

Ephesians 4:31-32(NIV)

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⁸ As far as your responsibility goes, live at peace with everyone. ¹⁹ Never take vengeance into your own hands, my dear friends.”

Romans 12:18-19a (Phillips)

2. A. _____

“ But he was being punished for what we did. He was crushed because of our guilt. He took the punishment we deserved, and this brought us peace. We were healed because of his pain. ⁶ We had all wandered away like sheep. We had gone our own way. And yet the LORD put all our guilt on him.”

Isaiah 53:5-6 (ERV)

“ But it was the Lord’s good plan to bruise him and fill him with grief. However, when his soul has been made an offering for sin, then he shall have a multitude of children, many heirs. He shall live again, and God’s program shall prosper in his hands.”

Isaiah 53:10 (TLB)

(_____)

B. _____

“ ²³For all have sinned and fall short of the glory of God, ²⁴and all are justified freely by his grace through the redemption that came by Christ Jesus.”

Romans 3:23-24 (NIV)

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3. A. _____

“He was despised and rejected— a man of sorrows, acquainted with deepest grief. We turned our backs on him and looked the other way. He was despised, and we did not care. ⁴Yet it was our weaknesses he carried; it was our sorrows that weighed him down. And we thought his troubles were a punishment from God, a punishment for his own sins!” *Isaiah 53:3-4 (NLT)*

“He heals the brokenhearted and binds up their wounds.”

Psalm 147:3 (NIV)

“To all who mourn in Israel he will give: beauty for ashes; joy instead of mourning; praise instead of heaviness. For God has planted them like strong and graceful oaks for his own glory.” *Isaiah 61:3 (TLB)*

(_____)

B. _____

“Come to me, all you who are weary and burdened, and I will give you rest.”
Matthew 11:28 (NIV)

“The law of the LORD is perfect, restoring the soul.”

Psalm 19:7a (NASB)